



Individual healthcare plan (IHP) for epilepsy

Date: _____ **Review date:** _____

Child's details

Name	
Group/class/form	
Date of birth	
Address	

Family contact information

1. Contact name	
Relationship to child	
Phone number (work)	
(mobile)	
(home)	
2. Contact name	
Relationship to child	
Phone number (work)	
(mobile)	
(home)	

Clinic/hospital contact

Name	
Role	
Phone number	

GP

Name	
Phone number	

Who is responsible for providing support at school?	
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Details of epilepsy / epilepsy syndrome

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Seizure(s) – type, what happens before, during and after, frequency, and duration

1:

2:

3:

Action to be taken during and after a seizure

1:

2:

3:

Emergency procedure if seizure lasts more than _____ minutes

Is an emergency medicines care plan in place: yes / no


Emergency medicine(s) *(only to be administered by named and trained members of staff)*:

Name and dose of medicine	
Named individual(s) who may give medicine	

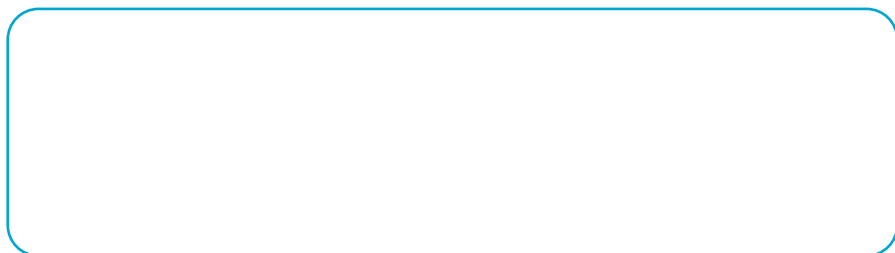
Emergency medicine(s)

Name:	
Dose:	
Time given:	
Name:	
Dose:	
Time given:	
Name:	
Dose:	
Time given:	

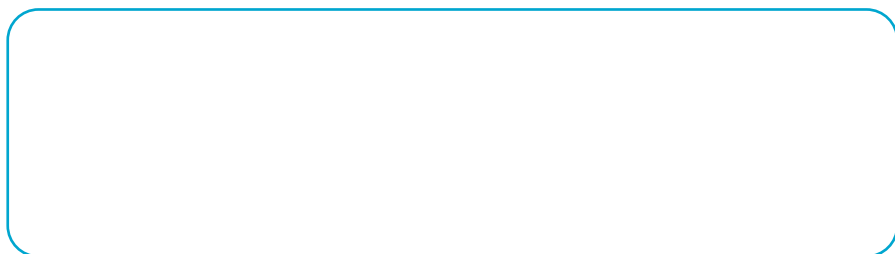
Support needed after a seizure



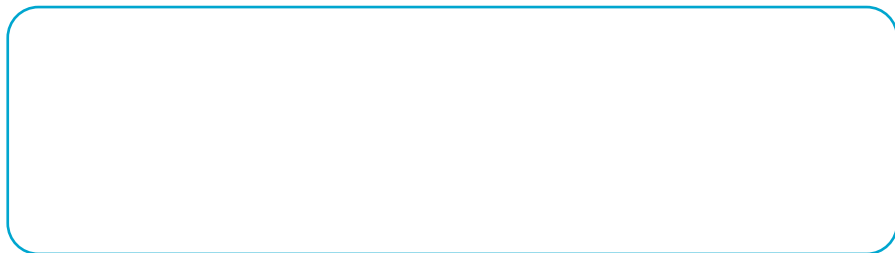
Side-effects of medicine(s)



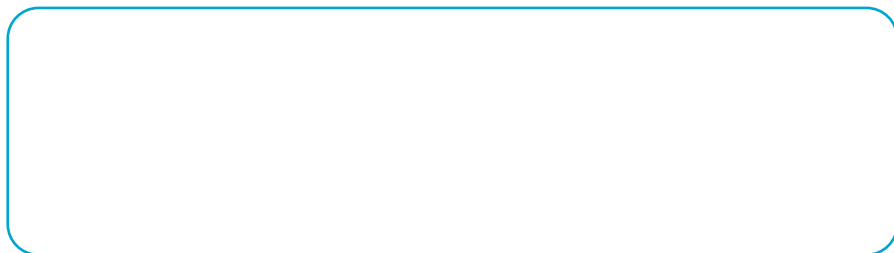
Information about other treatments



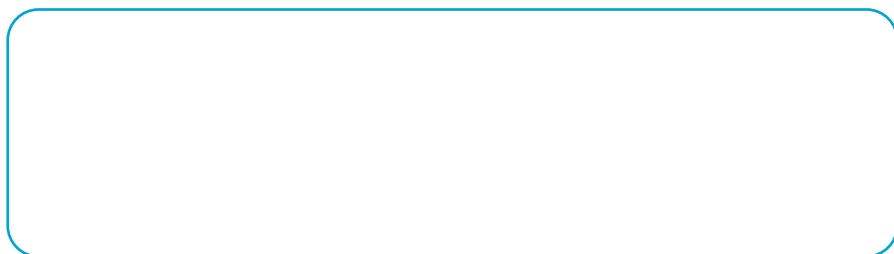
Seizure triggers (if known)



Specific support or equipment required (for medical, learning, social, emotional needs)



Activities that require special precautions, and how to manage



Arrangement for school trips



Other information



**This plan has been agreed by (pupil/parent/carer/doctor/
school nurse/epilepsy specialist nurse):**

Name:	
Role:	
Signature:	
Contact number:	

Name:	
Role:	
Signature:	
Contact number:	

Name:	
Role:	
Signature:	
Contact number:	

Name:	
Role:	
Signature:	
Contact number:	

Name:	
Role:	
Signature:	
Contact number:	

Details of staff training required/undertaken

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Date	Time	Length of seizure	Notes



Epilepsy Action

New Anstey House, Gate Way Drive, Yeadon, Leeds LS19 7XY

tel. 0113 210 8800

Epilepsy Action Helpline: freephone 0808 800 5050

email helpline@epilepsy.org.uk **[epilepsy.org.uk](https://www.epilepsy.org.uk)**

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